

ACTIVE WORKING SOLUTIONS

Building healthy organisations through healthy individuals.™



Providing services Nationally, Active Working Solutions (AWS) offers a dynamic range of consulting, and treatment services and products customised to meet the needs of our clients. Our comprehensive and tailored services designed to assist you to manage your human capital and ensure a workplace that performs to its potential. AWS service areas include:

Injury Management & Return to Work Services

- Return to Work / Suitable Duties Programs
- Assistance for Employees with Difficulties at Work
- Retraining Programs
- Vocational Assessments
- Medico-legal / S40 Assessments
- Functional Capacity Assessments
- Job Seeking Services

Organisational & Human Resource Management

- Workplace Profiles (including Online Testing)
- Recruitment Programs
- Career Management Services
- Stress Management Services
- Mediation Services

Occupational, Health, Safety & Environmental Services

- OHS&E Audit
- Ergonomic & Workstation Assessments
- Pre-employment Screenings
- Safe Working Methods Statements (SWMS)
- Risk Assessment Of Specific Work Processes
- Hazard Inspections

Psychology Treatment Services

- General Counselling
- Critical Incident Stress Debriefing (CISD)
- & Trauma Counselling
- Pain Management
- Anger Management
- Adjustment to Disability
- Psychological Assessments and Services

Occupational Therapy Services

- Activity of Daily Living Assessments and Training
- Manual Handling Training
- Driving Assessments and Retraining
- Workplace and Home Office Assessments and Job Analysis

Exercise Physiology Services

- Work Conditioning
- Development of both hydrotherapy and land based programs
- Targeting weight loss
- Diabetes control
- Rehabilitation following musculoskeletal injuries
- General strengthening programs
- Core stability and postural to support back injuries.

Training Products & Services

- VETAB Accredited Training
- WorkCover Accredited Courses
- OHSE Courses
- Customised Corporate Training
- Computer Courses
- Skills Training

Why should you use Active Working Solutions?

Our multi-disciplinary team of allied health and human resource professionals including occupational therapists, rehabilitation counsellors, organisational and counselling psychologists, and exercise physiologists ensure a one-stop shop service.

Our services are designed to enhance existing practices without losing sight of the individualistic nature of the organisation and its people.

What makes AWS so unique is that our services cover all areas crucial to successful business management from recruitment, through to retention and release of staff, if necessary.

Visit our website for more information on our consultancy services, training and products, and to access our online referral at:

www.activeworkingsolutions.com.au

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For more information or if you would like to refer to Active Working Solutions:

- Toll Free Phone **1300 132 990**
- Toll Free Fax **1300 132 991**, or
- Email reception@activeworkingsolutions.com.au

Visit our website for further details:

www.activeworkingsolutions.com.au